



The Bugle Call

April 2018

A Monthly Publication for Members of the American Legion Post 432, Sons Squadron 432, and Auxiliary Unit of 432 of Cambria, California

UPCOMING EVENTS

Apr 1: Easter
 Apr 1: April fool's Day
 Apr 14: Air Force Reserve Birthday
 Apr 22: Earth Day
 Apr 23: Army Reserve Birthday
 May 8: VE Day
 May 13: Mothers Day
 May 18: Armed Forces Day
 May 28: Memorial Day

INDEX

<u>PAGE</u>	<u>TOPIC</u>
1	Commander's Corner
2	Auxiliary Briefing
3	SALS
4	Legion Riders
5	TS2
6	Sponsors
8	February Mtg Minutes
10	February eBoard Minutes
11	calendar
12	Officers



Commander's Corner

--Dave Ehlers
 Commander

Find Wed Apr 18 on your calendar and write down American Legion 99th Birthday celebration dinner. Club opens at 5 pm with the catered event starting around 6 pm. We will not only recognize the Legions 99th Birthday but also our Past Commanders and Presidents and we will hold a Post Everlasting Ceremony to honor those who have passed away this year. This is a great time for all our organizations to come together for some fun, recognition, and remembrance. Get your ticket in the club this week so we can provide an accurate count to the caterer!

If it is April, then is it time to start the officer election process. Nominations for officers of our Post are to be made at our April meeting with elections in May. The positions open for nomination are Commander, First Vice-Commander, Second Vice-Commander, Finance Officer, Historian, Sergeant-at-Arms, Chaplain, Judge Advocate, Executive Committeeman, and Service Officer. The Adjutant is appointed by the Commander.

(continued on page 2)

(continued from page 1)

Please carefully consider whom you would like to nominate for each position.

4th of July planning continues the 3rd Monday of each month before the eBoard meeting from 5:00 to 6:00 pm. Thank you to those who have let the planning team know where they would like to help. There is still plenty of help needed so come on by Monday April 16th or send me an email.

We are making progress towards our 100% membership goal but we need to keep reaching out to those who still need to renew. If you have not renewed, please renew online, mail in your dues, or bring it to the meeting. If you know someone who needs to renew, motivate them nicely to submit their dues. If you are not sure ask Jim Hollingshead or John Ehlers and they can confirm you are current. In the end, it is our membership which enables our Post and the American Legion to support our Veterans, Active duty, community, and local youth programs.



Auxiliary Briefing

--Shelley Woeste,
President

I hope everyone had a wonderful Easter Holiday. We had a very successful St. Patrick's Day Dinner. The food was amazing and was enjoyed by all. Thank you to Mary and Cindy for putting on such a wonderful dinner.

Our March meeting was very well attended. The District President and the First Vice President were both in attendance for part of the meeting and were very impressed with the number of ladies at the meeting. It would be nice to see that many ladies at all of the meetings. We had the President of the High School Drama Club at our meeting as well and we gave them a nice donation.

I would like to just give a shout out to all the cooks who continue to make the Thursday Night Dinners such a great success. Also to Ellie who is always there to help set up as well as Judy for collecting money. And an extra big thank you to Cindy for organizing it all and to Jeannie for arranging the desserts. And thank you to all of you who continue to come out and support these dinners. Just know without each and every one of you, the Auxiliary would not be able to give to the many organizations that we support.

The 4th of July planning is well under way. We will be looking for you to assist us in the food booth this year. Signup sheets are in the legion so sign up early to make sure you get the shift you would like. It takes a great deal of people to make this event happen, so please try to help if you can.

Dare I point out the fact that we are going to start having nominations and signups for new officers for 2018-2019 year? If you would like to get more involved, we would love to have you join us. Whether it be a little or a lot we need

(continued on page 3)

(continued from page 2)

new fresh people with great ideas. Come to the meeting April 4 at 7:00 pm in the Vet's Hall, see what we do and decide if you would like to become more involved. I look forward to seeing you.

**SALS**

--Ted Ashlock

What a strange year 2018 has started out to be. Warm and pleasant all winter until springtime and then cold rainy all March. We will see if the future continues to bring the SAL and American Legion family strange occurrences. The month of March concluded with memorials and life celebrations of Cambrian and Legionnaire Dan Field and on the same day the memorial for local and veteran John Boon Jones. Both were beloved members of our community and will be greatly missed. Dan's event was at the San Simon pier and John's event was hosted at the Legion and Vet's Hall.

The March meeting was another lightly attended event, if you can call it an event. But the most unusual suspects did attend. The discussions moved quickly and because of the extremely low levels of participation there was no discussion regarding the April Chamber of Commerce chili cook-off. No discussion of hot dog and hamburger BBQ, the day of the car show, and chili cook-off. No discussion of who is going to shop for the big day, and no discussion of why every

year we work our asses off for disappointing sales. It should be noted that Smokey's 2017 version of SAL chili received a 2nd place finish in the people's awards.

The most discussed topic at the lightly attended March meeting was a treasurer's report. That led the brief but meandering discussion of potential maintenance projects near and surrounding the BBQ area. The SALS were motivated by the patio face-lift and considered modifications and improvements to the SAL Memorial rock and bench near the trailer area.

The April calendar is like this, the monthly meeting is April 18 at 6:30. Please attend. If there is other events to take place the telephone and email tree will be initiated. There was discussion of a Native Son's BBQ for Rocky. The chamber chili cook off and car show event is on April 21. Maybe this year the SALS will be just checking out the cars and chili and not cooking in the contest?? To be continued, otherwise we will see you all at the April meeting. The April meeting is scheduled for the Legion dinner night. Please respond to the invite from the Legion. The dinner in the past has been the past commander's dinner and there may be a format change. But I'll see you at the April meeting and Legion dinner.

Please check in with your more informed SAL officers for the other up-coming April events. Other than undefined calendar events sounds like we will see you all at the American Legion Birthday dinner at 5 PM on April 18.

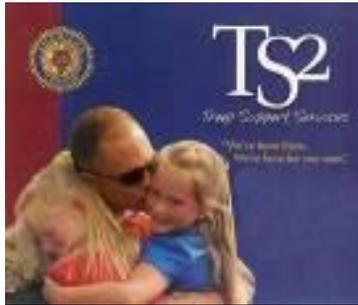
LEGION RIDERS

The American Legion Riders were asked to provide escort for the Traveling Vietnam Memorial Wall on Wed, March 28th. Post 432 was honored to participate.

Jerry Bodine, Lesli Leigh, and Lu Estrada, left the Club at 0630 on Wed to join Jim Stitts and the rest of the motorcycles in Santa Maria to be part of the motorcycle escort.

Ron Waltman, Robert Tolan, and John Gadjos were part of the Ceremonial Flag Line at the Madonna Inn, where the Memorial Wall will be on display 24 hours a day for the weekend of March 29- April 1. Hopefully you had a chance to view this once in a lifetime exhibit in San Luis Obispo.





Troop Support Services Active Duty Roster

Last	First	Branch	Stationed
Azevedo	Will	USMC	Camp Pendleton, CA
Balderama	Alexis	Army	Ft. Steward, GA
Balderama	Anthony	Army	Ft. Stewart, GA
Baldwin	Nathan	Army	Ft. Benning, GA
Brewer	Brendan	USMC	Camp Pendleton, CA
Burres	Robert	Army	Ft. Lewis, WA
Cartmill	John	Army	75th Ranger Regiment
Correa	Ernie	Navy	San Diego
Cuevas	Emily	Navy	Fort Gordon, GA
DeRose	Brian	USMC	Camp Lejeune, NC
Dewey Jr.	Ronald	USMC	Cherry Point, NC
Estrada	Scott	Air Force	Elemendorf-Richardson AFB, AK
Ewers	Michelle	Army	Kentucky National Guard
Gomez	Timothy	Army	Lewis-McChord, WA
Guidi	Robert	Army	Fort Bliss, TX
Harbeson	David	USMC	Camp Pendleton, CA
Harsh	Aaron	Navy	Coronado, CA
Matteson	Morgan Rose	Air Force	South Ogden, UT
McGhie	James	Army	Ft Drum, New York
Mislang	Rozel	Air Force	Tinker AFB, OK
Myers	Alex	Army	Fort Lee, VA
Patrick	Anthony	Army	Germany
Perez	April	USMC	Westover Air Reserve Base, MA
Potter	Justin	USAF	Minot AFB, ND
Schmidt	John	USA	Fort Gordon, GA
Taron	Zachary	Army	Ft. Belvoir, VA
Torell	Jake	Air Force	Misowa AFB, Japan
Vialpando	Dylan	Army	Fort Leonard Wood, MO

Thank you to the businesses that support American Legion Post 432
Please frequent their establishments

COOKIE CROCK
Market & Warehouse
Cambria • Morro Bay
 Quality Groceries & Personal Service since 1971
Super Service - Super Prices - Super Value
 Ranch Fresh Meats & Farm Fresh Produce

the Sea Chest
Oyster Bar

 6216 Moonstone Beach Drive • Cambria • 927-4514

Mel McColloch
Consulting Commercial/Residential Projects
 Consulting • Land Development • Motel Management
 Land Acquisition • Financing • Planning
 Permitting • Construction • Inspections
 2450 Main Street, Suite E
 805.927-5995 • Fax: 805.927.5249
 mmccolloch@yahoo.com

Whatcha Lookin At?
 Graphic Design Services
 for Print or Digital
 Printed Materials
 Website Design & Maintenance
 Memory CDs & More

 805.527.2411 Nancy McManley nancymcmanley.com
 whatcha.com • 627Cambria.com • Cambria.com

Mon.-Sat. 7:30-5:00 • Sun. 8:00-2:00
 Charles McMillen, Owner

 2345 B Village Lane, CA 93428 • (805) 927-4658

*Casual Clothing
 for Women*
The Place
 2336 Main Street
 Cambria's East Village
 805-927-1195
 Clothing & Accessories
 at Affordable Prices


ROBIN'S
 restaurant
Great Food from Around the World
 4095 Burton Drive • Cambria East Village
 805. 927.5007
 www.RobinsRestaurant.com

Diva
 DAY SPA
*Audrey McMillan
 Hair Stylist*
 Cavalier Plaza • San Simon • 805.927.4252
 divadayspaonline.com

Cambria Car Doctor
"We make home calls"

 Jerry Bodine
 ASE Certified Master Mechanic
 805.294.3987
 www.CambriaCarDoctor.com

**Cambria Massage
 & Moonstone Day Spa**

Connecting Mind • Body • Spirit
 Integrated Massage With Warm Jade Stones & European Oils
 Aquatic Spa Treatments
Open Daily by Appointment • (805) 927-5159
 www.MoonstoneDaySpa.com • www.CambriaMassage.com

Located in the Heart of Cambria

 • Old fashioned hospitality
 • Fireplace Lounge • Country Dinner
 • Cascade Garden Setting
 • Suites with Fireplaces
 • FREE High Speed Internet
 • Walk-in Restaurants, Shops & Galleries
 1880 Main Street - Cambria, CA 93428
 www.BluebirdInn.com
 reservations 800-552-5434 • phone 805-927-4634


Oddfellows Lodge of Cambria
 - The Family Fraternity -
 Supporting charities local and national
 Fun - Fellowship
 (805) 927-5817

**Cambria
 Music Box
 Shops**

 Musical & Non-musical
 Curiosities & Novelties
 714 B Main Street • Cambria, CA 93428
 www.cambriamusicbox.com • 805.927.3227

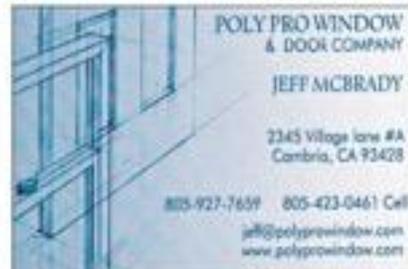
K&K Cleaning

 Cambria, CA
 (805) 927-8809
 License #0663625
 Misty K Reed
 Bambi K Fields

OLD COUNTRY TETHER

 Livin' Woola • Bucking • Saddle • Cart Broom
Barry
 Bartender
 130 N. Ocean Ave. • Caymus, CA, 93430
 (805) 995-3209

Thank you to the businesses that support American Legion Post 432
Please frequent their establishments



American Legion Regular Post Meeting Minutes

John F. Ehlers, Adjutant
DATE: 7 March 2018

OFFICERS:	7
MEMBERS & GUESTS:	14
TOTAL:	21

1. The meeting was called to order at 7:00 PM by Commander Ehlers with the usual opening ceremonies.
2. Maureen Robles-Wilson was our speaker. She gave a presentation about Army Nurse General Anna Mae Hays. She died at the age of 97 last January. She was in combat twice in Korea and Viet Nam. She was the first Army nurse to be promoted to Brigadier General.
3. Meg Stern, president of the drama club, addressed us about sponsoring the Coast Union High School drama. The show will be Thoroughly Modern Millie.
4. February Meeting Minutes and eBoard Minutes were approved as published.

COMMANDER’S COMMENTS

1. The cord for the American Flag at the Memorial broke on Monday. Davies Tree Service helped repair the cord with the use of their crane, thanks to John Taylor.
2. Marvin Korn will be the new Toys for Tots czar for this year.
3. Maureen Robles-Wilson and Mel McCullough will interview candidates for Boys State next week.
4. The District Meeting was held on February 24/25, and it went well.

5. The Easter Egg hunt will be held on April 1, and will be headed by Jim Hollingshead this year.

6. The pancake breakfast will be held on March 17th.

LEGISLATIVE REPORT

VA Launches Telehealth Program for Rural Vets with PTSD

WASHINGTON — With a focus on improving access to mental health care for Veterans living in rural areas, today the U.S. Department of Veterans Affairs (VA) announced it has launched a pilot telehealth program that will give rural Veterans with post-traumatic stress disorder (PTSD) remote access to psychotherapy and related services. VA’s Office of Rural Health, in partnership with VA’s Quality Enhancement Research Initiative, is supporting the Telemedicine Outreach for PTSD (TOP) program to deliver therapy and other care through phone and interactive video contact. “Our researchers have worked diligently in recent years to establish the safety and efficacy of PTSD psychotherapy delivered remotely, ensuring Veterans will get the same quality of PTSD care as if they were in a doctor’s office at a VA medical center,” said VA Secretary David Shulkin. “We are excited to see this program help greater numbers of Veterans living in rural areas and pleased that it will save them time and effort to get to a VA facility that is far from their homes.” Dr. John Fortney, a research health scientist at the VA Puget Sound Health Care System in Seattle, Washington, is leading the project. “Long travel distances to urban areas can be a major barrier to

(continued on page 9)

(continued from page 8)

care for rural Veterans,” Fortney said. “In a prior trial, we were able to use telehealth technologies successfully to engage Veterans in evidence-based, trauma-focused therapy without their having to travel to a distant VA medical center.” To date, more than 500 rural Veterans who are not receiving specialty PTSD care have enrolled in the study. The participants may choose between the two main forms of evidence-based, trauma-focused psychotherapy used in VA: cognitive processing therapy and prolonged exposure therapy. Veterans participating in the program receive frequent phone calls from a care manager who helps them access services provided by off-site psychiatrists and psychologists. The psychotherapy is delivered via interactive video from a VA medical center to a community-based outpatient clinic (CBOC) or to the Veteran’s home. The telephone care manager also monitors the Veterans’ progress and helps them overcome barriers to care. The program includes 12 CBOCs across the nation in Charleston, South Carolina; Iowa City, Iowa; Little Rock, Arkansas; Denver, Colorado; San Diego, California; and Seattle. The results, which will be available in 2020, will lay the groundwork for national implementation of the TOP program. To learn more about VA research on PTSD, visit www.research.va.gov/topics/ptsd.cfm.

'We want to connect with Veterans before they know they need us': VA launches Concierge for Care program

WASHINGTON — Today the U.S. Department of Veterans Affairs (VA) announced the launch of Concierge for Care, a health-care enrollment initiative that connects with former service members shortly after they separate from the service. “Our goal is to give transitioning service members one less thing to worry about,” said VA Secretary David J. Shulkin. “We know that more than a third of Veterans who haven’t yet visited our facilities indicated they are not aware of VA health care benefits, while a quarter reported they do not know how to apply.” As part of Concierge for Care, VA staff members are personally contacting recently separated service members to answer questions, process their health-care enrollment applications over the phone and help schedule eligible Veterans’ first VA medical appointment, if needed. Each week, VA receives a list of separating service members from the Department of Defense. The goal is to make contact with them within a month of discharge. Certain Veterans who served in a theater of combat operations are eligible to enroll and receive cost-free health care for medical conditions related to their military service during the five-year period after discharge. Information about VA health care and the application process can be found at <https://www.vets.gov/health-care/apply/>.

OFFICER REPORTS

First Vice: Current paid membership is 187 versus our goal of 233.

Second Vice: Our Fellowship dinner tonight was Bratwurst and sauerkraut. Brian Griffin is attempting to get Salud Carbojal to speak to us about veterans' issues.

Finance Officer: Come to the meeting to see the financial report.

Adjutant: John Angel was spotted back in town today, back from Sierra Vista.

The meeting was adjourned at 8:30 PM.

**American Legion Post 432
Executive Board Minutes**

Compiled by John F. Ehlers, Adjutant
DATE: 19 March 2018

The meeting was called to order by First Vice Commander Hollingshead at 7:00 PM with a quorum present.

Officers Present: J. Ehlers, Hollingshead, Griffin, Wood, Wilson, Johnson, Hollingshead, Angel, Waltman, Lackman, Griffin

Officers Absent: D. Ehlers,

COMMANDERS COMMENTS

1. The club is doing well. The last Thursday of this month will be a potluck dinner with the proceeds to benefit the club.
2. Current 2018 paid membership is 183.
3. Terry Farrell will be doing Toys for Tots for one more year.

4. The 4th of July planning meeting was held earlier today.

5. Nobody has volunteered for the Easter Egg Hunt. We have a problem.

6. The April speaker may be Salud Carbajal. If he cannot make it, Jerry Gruber will be the speaker.

OFFICER REPORTS

Second Vice: The fellowship dinner for the April will be Lasagna.

Judge Advocate: Paul Turner is now in Bayside and is doing better.

Finance Officer: Ron Waltman raised the idea of having a Blue Star Mother's Day Dinner. The proceeds could pay for the Blue Star Memorial.

The meeting was adjourned at 8:30 PM.



CALENDAR

<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="display: flex; gap: 10px;">  </div> <div style="text-align: center;"> <p>The Bugle Call</p> <hr/> <p>April 2018</p> </div> <div style="text-align: right;">  <p>Cambria Post 432 www.LegionPost432.com</p> </div> </div>							
1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Club Closed	2 Burgers & Brew 1800 \$6 BUNCO 1900	3 Tacos, Tacos \$7 1800 Pool Tournament 1900	4 POST General Mtg 1800 Dinner 1900 Mtg. ALA Gen. Mtg 1900	5 Dinner 1800 \$8 Cindy's Beef Enchiladas	6 Hot Dogs \$2	7 Club Closed
8	Club Closed	9 Burgers & Brew 1800 \$6 BUNCO 1900	10 Tacos, Tacos \$7 1800 Pool Tournament 1900	11 Club Closed	12 Dinner 1800 \$8 Pat's Shepherds Pie	13 Hot Dogs \$2	14 Club Closed
15	Club Closed	16 Burgers & Brew 1800 \$6 E-Board 1900	17 Tacos, Tacos \$7 1800 Pool Tournament 1900	18 Special American Legion Birthday Dinner \$15	19 Dinner 1800 \$8 Sarah & Sandi's Teriyaki Tilapia	20 Hot Dogs \$2 <i>Bugle Deadline</i>	21 Pancake Breakfast 0800 - 1100 Club Closed
22	Club Closed	23 Burgers & Brew 1800 \$6 ALA Executive Board Meeting 1900	24 Tacos, Tacos \$7 1800 Pool Tournament 1900	25 Native Sons Dinner	26 Dinner 1800 \$8 Lesli's Fried Chicken	27 Hot Dogs \$2	28 Club Closed
29	Club Closed	30 Burgers & Brew 1800 \$6					

AMERICAN LEGION

Commander	David Ehlers	927 - 1876
1st Vice Commander	Jim Hollingshead	203 - 5190
2nd Vice Commander	Brian Griffin	924 - 1085
Adjutant	John Ehlers	927 - 3065
Finance Officer	Ron Waltman	909 - 2030
Service Officer	Bob Johnson	924 - 1410
Exec. Committee Chair	David Lackman	927 - 7752
Chaplain	John Angel	927 - 5817
Judge Advocate	Joe Wood	927 - 3759
Sergeant-At-Arms	Jonathan Wilson	801 - 4081
Bugle Editor	John Ehlers	927 - 3065
Historian	Roland Soucie	927 - 1108
Webmaster	John Ehlers	927 - 3065

SONS OF THE AMERICAN LEGION

Commander	Smokey Drew	927 - 8687
1st Vice Commander	Ted Ashlock	782 - 9076
2nd Vice Commander	Rick Rammler Jr	395 - 1214
Adjutant	Steve Kniffen	927 - 3266
Finance Officer	Phil Navoa	927 - 3048
Chaplain	Alan Fields	927 - 1353
Sergeant-At-Arms	Mark Milligan	975 - 2745
Historian	Phil Navoa	927 - 3048

AMERICAN LEGION AUXILIARY

President	Shelley Woeste	927 - 2544
1st Vice President	Lesli Murdoch	423 - 4856
2nd Vice President	Cheri Silveria	927 - 4212
Secretary	Jade Lehrman	395 - 1484
Treasurer	Mary Woeste	924 - 0228
Musician	Jade Lehrman	395 - 1484
Chaplain	Bambi Fields	927 - 1353
Sergeant-At-Arms	Elie Brown	927 - 8591
Historian	Sarah Mosby	209-670-1029
Parliamentarian	Sha Foots	927 - 4347

AMERICAN LEGION RIDERS

President	John Gajdos	772 - 9684
Vice President	Kieth Frenth	203 - 5114
Treasurer	Ronald Waltman	909 - 2030
Secretary	Vacant	
Sergeant-At-Arms	Vacant	
Chaplain	Vacant	